

Monday



Organic Beef Grill (G.) in a Bun (G.)

or



(v) Vegetable and Lentil Korma (M.D.E.)
(may contain N.)
(v) Nut Free Schools Vegetable Korma (M.D.E.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna
Mayonnaise (D.E.M.F.)

or



(v) Jacket Potato with Cheese
and Beans (D.)

Tuesday



Chicken Pie (D.G.)

or



(v) Veggie Hot Dog (G.S.B.SU.)

Wednesday



Roast Pork or Gammon

or



(v) Cheesy Pasta Bake (G.D.)

Thursday



Pasta Bolognese (G.) Optional Cheese (D.)

or



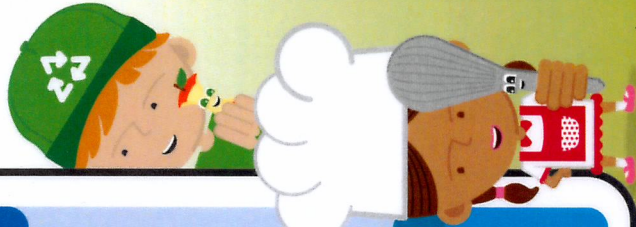
(v) Vegetable Burrito (D.G.)

Friday



*Seaside Fish Fillet (F.G.)

(v) Homemade Favourite Quiche (E.D.G.)



Week 2 Dessert Menu

Everyday we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v) Creamy Whip with Fruit (D.)
(vh) Homemade Favourite Cookie (G.)

Tuesday

(vh) Homemade Fruit Muffin Traybake (G.E.D.) Ice Cream Tub (D.)

Wednesday

(vh) Homemade Up Beet Chocolate Cake (G.E.)

Thursday

(vh) Homemade Apple Pudding with Custard (G.D.E.)
(v) Strawberry Swirl Mousse (D.)

Friday

(v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)
Jelly with Peaches

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

Key

V = vegetarian
D = Dairy
N = Coconut/Nuts
S = Sesame
E = Egg
G = Gluten/Wheat
F = Fish
M = Mustard
SB = Soya
SU = Sulphites
*Salmon